

## Biography

### Paula Igualada-Martinez, BSc. PT, MSc. Public Health



Ms Paula Igualada-Martinez qualified as a physiotherapist in Spain (1995-1998) at Ramon Llull University and in 2000 obtained a BSc degree in Rehabilitation Therapy at Manchester University. In 2011 she completed her MSc in Women's Health Physiotherapy at Oxford Brookes University.

Since graduation she has worked in various hospitals across the UK. In 2007 she became the Clinical Lead for the Pelvic Health Physiotherapy Service at Guy's and St Thomas' NHS Foundation (London). This has allowed her to work with the urology, urogynaecology, colorectal, obstetric, pain and psychosexual teams giving her a great insight into the advanced assessment and treatment of pelvic floor disorders.

In 2020, she started working at Brunel University as a Clinical Lecturer at the Advanced Clinical Practice in Pelvic Health postgraduate course. In April 2022, she was appointed to clinically lead the Perinatal Pelvic Health Service across the Southeast London and Neonatal clinical system (LMNS). The Perinatal Pelvic Health Service (PPHS) is a national NHS England and NHS Improvement phased implementation pilot project to improve access to postnatal physiotherapy and multidisciplinary pelvic health clinics in the UK.

She is the Physiotherapy Chair of the International Continence Society and a member of the Bladder Interest group.